

# MERCURY USE: EDUCATIONAL INSTITUTIONS

Educational institutions potentially use a wide variety of mercury-containing products. Elementary or secondary schools may have elemental mercury in their facility primarily from laboratory or science experiments, whereas colleges or universities may have mercury in a number of different settings. It is especially important to practice mercury reduction and recycling techniques in our schools because children and developing adults are particularly susceptible to mercury's toxic effects.

Elementary or secondary schools may have a variety of products in their facility that may contain mercury:

- ✓ Batteries
- ✓ Chemical compounds
- ✓ Elemental mercury for science experiments
- ✓ Lamps
- ✓ Thermometers

Colleges and universities may have a wider variety of products in their facility that may contain mercury:

- ✓ Batteries
- ✓ Chemical compounds
- ✓ Cleaning agents
- ✓ Laboratory reagents
- ✓ Elemental mercury for science experiments
- ✓ Fluorescent lamps
- ✓ Specialty lamps
- ✓ Switches, relays, and sensors
- ✓ Manometers
- ✓ Thermometers
- ✓ Flame sensors
- ✓ Gauges

The list of mercury-containing products for colleges and universities may be even larger if the school has an operating medical school or research facility.

## Table of Contents

*About This Handout* ..... 294

*Why Should I Be Concerned About Mercury?* ..... 295

*Keeping Mercury-Containing Items out of Wastewater* ..... 297

*Sewer Pipes* ..... 297

*Mercury Product Focus: Batteries* ..... 298

*Mercury Product Focus: Detergents and Cleaners* ..... 300

*Mercury Product Focus: Chemicals* .... 301

*Mercury use in Laboratories:*

*Compounds* ..... 301

*Mercury Spill Forces Students Out of Dorms* ..... 301

*Mercury-Containing Chemicals and Alternatives* ..... 302

*Resources for Laboratories* ..... 304

*Midwest Boy Suffers Acute Mercury Poisoning* ..... 304

*Mercury Product Focus: Lamps* ..... 305

*Mercury Product Focus: Switches* ..... 307

*Mercury Product Focus: Gauges-Manometers, Barometers, and Vacuum Gauges* ..... 309

*Mercury Product Focus: Mercury-Containing Thermostat Probes* ..... 309

*Mercury Product Focus: Thermometers* ..... 309

*Mercury Product Focus: Thermo-Electric Devices* ..... 310

*Who Should Get Involved in a Mercury Reduction Program in your School? ...* 310

*Mercury Spills* ..... 311

*Case Study: Northland College* ..... 312

*Action Steps for Educational Institutions to Consider* ..... 313

*Sample Proclamation* ..... 315

*Bibliography* ..... 317



## ABOUT THIS HANDOUT

This is one chapter of the “Wisconsin Mercury SourceBook.” The Sourcebook was written as a guide for communities to help identify and reduce the purposeful use of mercury. The SourceBook contains background information on mercury contamination and provides a seven-step outline for drafting a mercury reduction plan.

This handout is one of the nineteen sectors that were highlighted in the SourceBook as a potential contributor of mercury in any given community.

### What you will find in this handout:

- ★ Information on mercury-containing products and that are unique to the agriculture industry
- ★ Action ideas that describe pollution prevention, recycling, and management practices for a mercury reduction plan for a business in this sector. This provides a good overview of the types of mercury-containing products and alternatives that may exist in your sector.
- ★ Current mercury projects in the agriculture industry

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For more information, please contact:

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## WHY SHOULD I BE CONCERNED ABOUT MERCURY?

Some of you may remember playing with mercury when you were a child. Its silvery white shimmer was entrancing, and the ability of its glistening mass to split and come back together again was magical. But scientists are now beginning to realize that there is another side to mercury's wily nature. In fact, it is some of mercury's most elemental qualities that make it a difficult substance to handle.

Mercury is a common element that is found naturally in a free state or mixed in ores. It also may be present in rocks or released during volcanic activity. However, most of the mercury that enters the environment in Wisconsin comes from human uses.

Because mercury is very dense, expands and contracts evenly with temperature changes, and has high electrical conductivity, it has been used in thousands of industrial, agricultural, medical, and household applications.

It is estimated that half of the anthropogenic mercury releases in Wisconsin are the result of the purposeful use of mercury. The other half of mercury emissions originate from energy production.

Major uses of mercury include dental amalgams, tilt switches, thermometers, lamps, pigments, batteries, reagents, and barometers. When these products are thrown in the trash or flushed down a drain, the mercury doesn't go away.

The good news is that the majority of products that use mercury purposefully have acceptable alternatives. For example, electric vacuum gages, expansion or aneroid monitors are good alternatives to mercury blood pressure monitors. Mechanical switches, magnetic dry reed switches, and optic sensors can replace mercury tilt switches.

Replacing mercury-laden products with less toxic alternatives is

referred to as *source reduction*. Source reduction allows us to eliminate the use of mercury in certain waste streams. This is especially beneficial considering the volatile nature of mercury, because mercury can so easily transfer from air to soil to water.

Practicing source reduction in combination with recycling the mercury already in the waste stream can have a significant impact on reducing mercury levels in the environment.

## HEALTH EFFECTS OF ELEMENTAL MERCURY

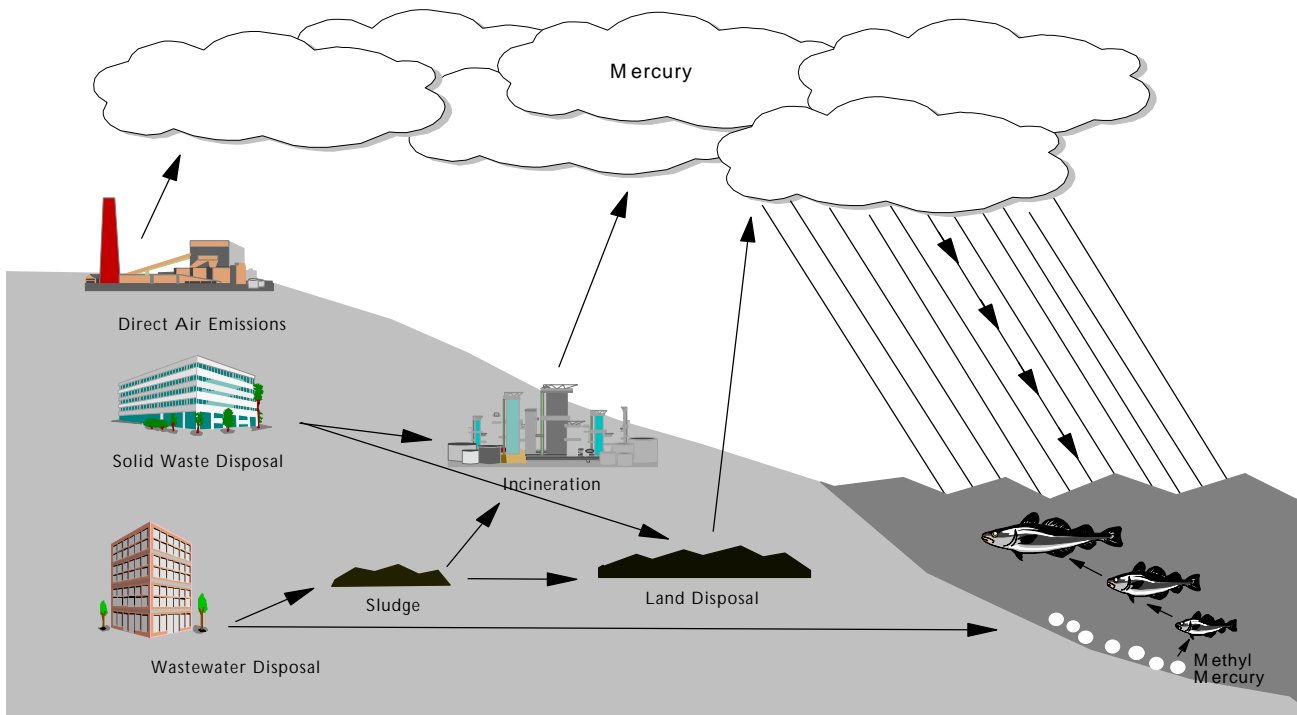
The toxicity of mercury has long been known to humans. Hat makers during the 19th century developed symptoms of shaking and slurring of speech from exposure to large amounts of inorganic mercury, which was used to give a metallic sheen to felt hats. This gave rise to the term "mad as a hatter."

The hat makers were suffering from neurological damage from the inhalation of mercury fumes. Exposure to elemental mercury vapors can cause acute respiratory problems, which are followed by neurologic disturbances and general systemic effects. Acute exposure to inorganic mercury by ingestion may also cause gastrointestinal disturbances and may effect the kidneys.

## SO WHAT'S THE BIG DEAL?

Mercury is a bioaccumulative, persistent, toxic substance that threatens the health of humans and wildlife throughout North America. The USEPA, Environment Canada, the International Joint Commission, the Commission for Environmental Cooperation and many state and provincial governments have identified mercury as one of the most critical pollutants for significant elimination and/or reduction.

## Mercury Transport and Bioaccumulation



Mercury can enter the environment from a number of paths. For example, if a mercury-containing item is thrown into the garbage, the mercury may be released into the atmosphere from landfill vapors or leachate, or the mercury may vaporize if the trash is incinerated. If mercury is flushed through a wastewater system, the mercury will likely adhere to the wastewater sludge, where it has the potential to volatilize and be deposited elsewhere. Mercury can enter the atmosphere through these various means because it evaporates easily. It then travels through the atmosphere in a vaporized state.

Once mercury is deposited into lakes and streams, bacteria convert some of the mercury into an organic form called *methylmercury*. This is the form of mercury that humans and other animals ingest when they eat some types of fish. Methylmercury is particularly dangerous because it *bioaccumulates* in the environment. Bioaccumulation occurs when the methylmercury in fish tissue concentrates as larger fish eat smaller fish. A 22-inch Northern Pike weighing two pounds can have a mercury concentration as much as 225,000 times as high as the surrounding water.

These concentrations are significant when one considers the potential toxic effects of methylmercury. Methylmercury interferes with the nervous system of the human body and can result in a decreased ability to walk, talk, see, and hear. In extreme examples, high levels of methylmercury consumption has resulted in coma or death.

Many animals that eat fish also accumulate methylmercury. Mink, otters, and loons in Wisconsin have been found to have high levels of mercury in their tissue. Mercury can interfere with an animal's ability to reproduce, and lead to weight loss, or early death.

### Fish Consumption Advisories

There are currently 260 lakes and more than 350 miles of rivers in Wisconsin that have fish consumption advisories because of mercury.

Approximately 1 out every 3 sites that is tested is listed on the advisory; no sites have ever been removed. Forty-eight states now issue fish consumption advisories to protect human health. Most of these warnings are related to mercury contamination.

## Keeping Mercury-Containing Items out of Wastewater

There are a number of ways mercury can enter the wastewater stream of an educational institution. When a mercury-containing product such as a thermometer is broken over a sink or improperly cleaned up after a spill, the mercury could get flushed down the drain. Mercury may also be present in an educational institution's sewer pipes and traps from historical use of mercury.

Once mercury enters a wastewater treatment plant, most of it concentrates in wastewater biosolids during treatment. Since most treatment plants dispose of generated solids by land spreading, mercury enters the terrestrial environment by this process. Some of this mercury spread on land may, over time, be volatilized to the atmosphere. This mercury may then be deposited into lakes and streams, methylated, and ingested by fish, eventually reaching wildlife and humans.

To prevent such occurrences, it is important to have effective spill response measures. Instruments containing mercury should be labeled and proper procedures should be followed when cleaning or refilling instruments that contain mercury. Instrument cleaning or refilling should take place in a well ventilated area, and, if possible, over a tray to contain any spills.

## Sewer Pipes

Mercury was used in educational and research settings in the past. Often times the mercury may have found its way into the pipes of a educational institution when items were broken, disposed of, or spilled. This mercury can settle at a low point such as a sump or trap and remain in the pipes of a educational institution for many years. Often the slow dissolution of the mercury in a sump, trap, or pipe is enough to cause violations of wastewater discharge standards even after poor management practices have been eliminated. Hot spots in a educational institution's piping may appear where equipment maintenance areas were located. Whenever traps or sumps are moved or cleaned, the solid contents should be treated as a hazardous waste unless proven otherwise. For more information, please see the excerpts from the MWRA/MASCO Infrastructure Subcommittee Maintenance Guidebook that appear in the "Resources" section of this sourcebook.

## Mercury Product Focus: Batteries

### ✓ Mercuric Oxide Batteries

Prior to the 1980s, most primary batteries and some storage batteries contained mercury in the form of mercuric oxide (HgO), zinc amalgam (Zn-Hg), mercuric chloride (HgCl<sub>2</sub>), or mercurous chloride (Hg<sub>2</sub>Cl<sub>2</sub>). Although the amount of mercury used in each of these batteries was very small, the number of batteries sold in the US was enough to make alkaline batteries the largest component of mercury in the solid waste stream in 1989.

Great pollution prevention progress has been made in this field. In the last decade, the US battery industry has achieved a 99 percent reduction in their use of mercury! The use of alternative materials and different manufacturing techniques have eliminated the use of mercury in almost all battery applications.

Mercury does exist in mercury zinc, carbon zinc, silver oxide, and zinc air batteries. The amount of mercury discarded in mercury zinc batteries is expected to decline in the future as the use of silver oxide and zinc air batteries increases. The use of mercury in zinc air and silver oxide batteries is expected to be discontinued.

Today, mercuric oxide batteries are the only batteries that use mercury to any measurable

degree. There are two basic types of mercuric oxide batteries: button cell and larger sizes. The button cell batteries are the types that are most often sold for personal use; they are used in hearing aids, watches, and other items requiring a small battery.

Mercuric oxide batteries offer a reliable and constant rate of discharge. Therefore, the larger mercuric oxide batteries (which look like 9-volt or fat AA batteries) are often used in military, hospital, or industrial uses. The mercury content in these mercury oxide batteries total 33 to 50 percent mercury by weight of the battery.

### 1993 Wisconsin Act 74

The 1993 Wisconsin Act 74 prohibits the sale in Wisconsin of any alkaline manganese battery manufactured after January 1, 1996, unless the manufacturer can prove that the alkaline manganese battery contains no intentionally introduced mercury. Alkaline manganese button cells can only be sold if they contain no more than 25 mg of mercury.

Zinc Carbon batteries manufactured after July 1, 1994 for sale in Wisconsin must contain no intentionally introduced mercury. Beginning July 1, 1994 mercuric oxide batteries, except button cells, may not be sold in Wisconsin unless the manufacturer identifies a collection site that meets prescribed standards, informs each purchaser of the collection site and a telephone number to call for information on recycling batteries, and informs the Department of Agriculture, Trade, and Consumer Protection and DNR of this collection site. The law also states that only a certified collection site may treat, store, or dispose of mercuric oxide batteries, and they must be recycled if possible.

## Batteries and Mercury Content

From "Household Batteries Waste Management Study," by Gershman, Brickner, and Bratton, Inc., 1992; "Managing Used Dry-Cell Batteries: A Household Hazardous Waste Fact Sheet," MPCA

Type of Battery	Example of Use	Mercury Content
<b>Alkaline</b>		
Cylindrical or rectangular cells; the most commonly recognized battery. Labeled "alkaline."	Flashlight, radios, toys, calculators, remote controls, electronic games, portable radios and televisions, garage door openers.	Previously contained an average of 0.5 percent mercury to control the zinc reaction. 1993 Wisconsin Act 74 mandates that all alkaline manganese batteries sold in Wisconsin after January 1, 1996 be mercury free. Alkaline manganese button cell batteries to contain no more than 25 milligrams of mercury .
<b>Zinc Carbon</b>		
Cylindrical or rectangular cells; labeled as "General Purpose", "Heavy Duty", or "Classic"	Best used in slow drain applications like clocks, garage door openers, pagers, and smoke detectors. Have much shorter life span than Alkaline batteries.	Use of mercury in these batteries is being phased out. 1993 Wisconsin Act 74 mandates that all zinc carbon batteries for sale after July 1, 1994 be mercury free.
<b>Silver Oxide</b>		
Button shaped with no distinguishing marks	Watches, calculators, toys, greeting cards, musical books	Contain about one percent mercury by weight. Mercury use in these batteries is expected to be discontinued.
<b>Zinc Air</b>		
Usually button shaped. Identify by pin hole on one side	Hearing aids	Contain about one percent mercury by weight. Mercury use in these batteries is expected to be discontinued.
<b>Mercury Zinc (Mercuric Oxide)</b>		
Button shaped, marked with + ; larger mercuric oxide batteries look like 9-volt or fat AA batteries	Hearing aids, watches, and other items requiring a small battery. In consumer applications, mercuric oxide batteries are being replaced by zinc-air button cells.  The larger mercuric oxide batteries are often used in military, hospital, or industrial uses.	Contain significant amounts of mercury ; total 33 to 50 percent by weight of the battery.  Wisconsin Act 74, requires a collection system for those selling mercuric oxide batteries, and requires the recycling of mercuric oxide batteries unless no reasonable alternative exists.

## Mercury Product Focus: Detergents and Cleaners

The Massachusetts Water Resources Authority (MWRA), in conjunction with MASCO (a consortium of Longwood Medical and Academic Area Institutions), has been working with their area hospitals and academic institutions to identify and address the problem of mercury contamination in hospital and medical waste streams. As part of this process, the MWRA group also worked to identify “other sources” of mercury contaminants. These are common products, such as bleach, alcohol, laboratory lids, not otherwise thought to be of significant importance or concern, that might contain low levels of mercury. Thus far, a total of 118 products has been identified by this team. This information is applicable in a variety of settings.

Included among their findings:

- At least four (4) cleaners, nine (9) soaps, embedding tissues and other miscellaneous items such as photoprocessing fixer and developer solutions each contain significant levels of mercury.

### “Other Sources of Mercury”

*Information from the Massachusetts Water Resources Authority/MASCO*

Product	Mercury Content (ppb)
Ajax Powder	0.17
Comet Cleaner	0.15
Lysol Direct	<0.011
Soft Scrub	<0.013
Kodak Fixer	6.9; 3.7
Kodak Developer	2.65; 6.0
Alconox Soap	0.004 mg/kg 0.005 mg/kg <0.0025 mg/kg
Derma Scrub	<5.0 <2.5
Dove Soap	0.0027
Ivory Dishwashing Liquid	0.061
Joy Dishwashing Liquid	<0.01
Murphy’s Oil Soap	<0.012
Soft Cide Soap (Baxter)	8.1
Sparkleen Detergent	0.0086
Sunlight Dishwashing Detergent	<0.011



## Mercury Product Focus: Chemicals

There are numerous experiments and demonstrations in schools that use elemental mercury and its compounds. Although these experiments may be fascinating for children, they are particularly prone to mismanagement and release. Additionally, these demonstrations may produce hazardous, non-recyclable by-products. Your school may wish to consider the use of video tapes to demonstrate the chemical principles and phenomena associated with mercury instead.

### Mercury use in Laboratories: Compounds

Chemical reagents, used with regularity in a wide range of laboratory testing, are likely sources of mercury contamination.

The difficulty of identifying which chemicals and reagents contain mercury is compounded by the fact that Material Safety Data Sheets (MSDS) are not required to list the hazardous components of a product unless that component is present at a level of  $\geq 1\%$  (0.1% for carcinogens). This means that a particular product *could* contain up to 10,000 parts per million of mercury before the manufacturer would have to alert users of that fact. (MWRA operations subcommittee final report)

## Work by the MPCA

John Gilkeson of the Minnesota Pollution Control Agency has compiled an extensive list of all mercury-containing compounds that are currently available for research and scientific purposes. He has developed a list of all mercury-containing compounds with a CAS number. These charts are attached at the end of the "Chemical" chapter.

A number of facilities have discovered that mercury is present in very low levels in some of their products. However, because the mercury was added as a preservative, not as an active ingredient, its low level may be below the reporting threshold and thus not included in the Material Safety Data Sheets (MSDS) sheets. (*gilkeson + butterworth, Metpath*)

## Mercury Spill Forces Students Out of Dorms

November 1994 - Over the Thanksgiving break, college students at Florida Atlantic University in Boca Raton, Florida, removed liquid mercury from one of the schools laboratories. Although the laboratory manager noticed the missing chemical when he returned on Tuesday morning, he did not report it to authorities until mercury was discovered spilled inside and outside of a university dormitory. Students living in the dormitory were evacuated and housed in a local hotel while the dormitory was decontaminated. Potential short-term or long-term damage is unknown.

## Mercury-Containing Chemicals and Alternatives

*compiled from City of Detroit, Gilkeson, Terrane, Michigan m2p2*

Chemical	Alternative
Mercury (II) Oxide	Copper catalyst
Mercury Chloride	None Identified
Mercury (II) Chloride	Magnesium Chloride/Sulfuric Acid or Zinc Formalin, Freeze drying
Mercury (II) Sulfate	Silver Nitrate/Potassium/Chromium-(III) Sulfate
Mercury Nitrate (for corrosion of copper alloys) for antifungal use (mercurochrome)	Ammonia/Copper Sulfate Neosporin, Mycin
Mercury Iodide	Phenate method
Sulfuric Acid (commercial grade; mercury as impurity)	Sulfuric acid from a cleaner source
Zenker's Solution	Zinc Formalin

### Work by The Massachusetts Water Resources Authority

Reagents: The Mercury Products Database

The Massachusetts Water Resources Authority (MWRA), in conjunction with MASCO (a consortium of Longwood Medical and Academic Area Institutions), has been working with their area hospitals and academic institutions to identify and address the problem of mercury contamination in hospital and medical waste streams. The Operations Subcommittee of this group set out to identify mercury in reagents. As part of this process, a database worksheet was developed to capture the wide range of information known to contain mercury. Next, a letter was sent to 153 major reagent vendors to elicit supplier support in identifying the trace levels of mercury contained

in their products. The letters also requested that suppliers provide verification of product mercury content via the submission of a state certified laboratory report.

Using all available inputs, a total of 5,504 products were identified and inventoried into the master database using both vendor and member responses to requests for information. The statistics for their findings are as follows:

Total number of products inventoried: 5504

Number of records that contain mercury data: ..... 781

Number of records that contain mercury

concentrations below detection (BD): ..... 166

Number of records with mercury concentrations  
BD - 1 ppb: ..... 43

Number of records with mercury concentrations  
1 -5 ppb: ..... 53

Number of records with mercury concentrations  
5 - 10 ppb: ..... 19

Number of records with mercury concentrations  
> 10 ppb: ..... 469

Number of records under review of concentration data: ..... 31

Due to the size of the overall Mercury Products Database, only that portion of it which contains chemicals and products that have been verified, as of 8/21/95, to contain mercury at some level, have been included in the attached report.

**75 Priority Samples**

In an attempt to maximize the value of the database, MWRA selected seventy-five (75) of the most commonly used products by member hospitals and institutions and tested these for mercury content.

The analysis results for these 75 priority samples are shown on the table to the right.

*Please see the "Laboratory" section of the Wisconsin Mercury SourceBook for more information.*

**Results from 75 Priority Samples**

*Information from The Massachusetts Water Resources Authority (MWRA), in conjunction with MASCO (a consortium of Longwood Medical and Academic Area Institutions)*

Product Sampled	Mercury Content (ppm)
Seven Deionized Water Samples	<0.0010
Periodic Acid	<0.0010
Acetone	<0.0010
Sodium Iodate	<0.0010
Acetonitrile	<0.0020
Aluminum Potassium Sulfate	<0.0010
Boric Acid	<0.0010
Butter Solution pH -7	<0.0010
Fixer	0.0049
Formaldehyde	0.012
Glutaraldehyde	<0.0010
Herpes Buffer	<0.0010
Phosphate Buffered Saline	<0.0010
Potassium Carbonate	<0.0010
Sodium Carbonate	<0.0010
Sodium Sulfate	0.010
Sodium Bisulfate	<0.0010
TDX	<0.0020
TRIS	<0.0010
Triton X-100	<0.0010
Oxalic Acid	<0.0010
Sodium Phosphate Dibasic	<0.0010
3%, 30% Hydrogen Peroxide	0.0012
Isopropyl Alcohol	<0.0010
Nitric Acid	<0.0019
Potassium Chloride	<0.0010
Silver Nitrate	<0.0010
Sodium Bicarbonate	<0.0010
Sodium Chloride	<0.0010
Trizma Buffer	<0.0010
Sodium Phosphate Monobasic	<0.0010

## Resources for Laboratories

Cathy Allen of the USEPA Region 5 has been collecting information regarding integration of pollution prevention concepts into undergraduate general chemistry and organic chemistry labs, problems sets, lectures, etc.

The following is a list of materials she received:

- ◆ “Lab Waste Minimization and P2: A Guide for Teachers”. This booklet was written by Battelle for high school and college laboratories, in the hope that some guidance could help them to modify their experiments and other program activities to reflect a P2 perspective. It is available on the world wide web at: <http://www.seattle.battelle.org/services/e&s/P2LabMan/index.htm>
- ◆ California’s Office of Pollution Prevention and Technology Development provided a grant to The College of the Redwoods to develop the “No Waste Lab Manual for Educational Institutions”. The manual outlines laboratory exercises that use consecutive chemical reactions, so the product of one reaction is used as the starting material for the next exercise. The end result is little or no hazardous waste.
- ◆ Merrimac College in Andover Massachusetts has a microscale chemistry center. It promotes the use of microscale chemistry labs.
- ◆ The National P2 Center for Higher Education (nppc@umich.edu or 313-764-1412) has modules (introduction, resource bibliographies, syllabi, case studies, problem sets, DC Rom, etc.) for Chemical Engineering and Chemistry (done with NJIT).
- ◆ The National Pollution Prevention Center at University of Michigan has been designated by EPA with responsibility for developing curricula to integrate pollution prevention into higher education. Call Jonathan Bulkley or Greg Keolian at 313-764-3198.

For more information, please contact: Cathy Allen, USEPA-Region 5 at 312-886-0180; E-Mail [allen.catherine@epamail.epa.gov](mailto:allen.catherine@epamail.epa.gov)

## Midwest Boy Suffers Acute Mercury Poisoning

Spring 1994 - A young boy in Moline, Illinois, may suffer nerve damage due to mercury poisoning. The child brought home liquid mercury from the school science room and played with it in his basement. He spread the silvery liquid on his arms and legs in an attempt to look like the Tin Man from the *Wizard of Oz*. The home was so contaminated that the family was evacuated for nearly 10 months while the EPA cleaned up the spill. Carpet, clothing, and belongings were removed. Ceiling tiles and the air conditioning and heating systems also were replaced. Although the boy is now recovering, the extent of permanent damage is unknown.

## Mercury Product Focus: Lamps

- ✓ fluorescent
  - bilirubin blue
  - general purpose straight, U-bent, circline, compact
  - high output
- ✓ germicidal lamps
  - cold cathode
  - hot cathode
  - slimline
- ✓ metal halide
- ✓ high pressure sodium
- ✓ “CS - compact source mercury lamps” (photographic and lab uses)
- ✓ “special mercury lamps” (UV properties)
- ✓ spectral lamps - monochromatic light source (for laboratory and research applications)

There are a number of electric lamps that use mercury as an intrinsic part of their functioning. These lamps include fluorescent, mercury vapor, metal halide, and high pressure sodium lamps. These lamps may be used indoors or outdoors in heat lamps, film projection, photography, dental exams, photochemistry, water purification, or street lighting.

Fluorescent lamps contain mercury in a vapor form. The electric current of the lamp “excites” the mercury atoms, which then give off invisible ultraviolet light. The ultraviolet light then “excites” a powdery phosphorus coating inside the tube that emits visible light. The mercury that is contained in these lamps is emitted into the atmosphere when the lamps are broken, disposed of in landfills, or incinerated.

Fluorescent lamps are still a good option. They last longer and cost less to run than incandescent lights because they use up to 50 percent less electricity. This energy savings helps reduce mercury emissions because small amounts of mercury are present in coal that is burned in power plants. The less energy we use, the less mercury will be released into the environment when coal is burned.

### New Low Mercury Fluorescent Lamp

Phillips Electronics has developed a long-life fluorescent that contains so little mercury it is no longer considered a hazardous waste. “Typically fluorescent lamps have an overabundance of mercury, because mercury loses its effectiveness due to physical and chemical reactions. So manufacturers put in an overdose of mercury to compensate for these reactions,” said George Preston, a scientist at Philips Lighting Co. Currently, a four-foot lamp contains about 22.8 milligrams of mercury, down from 38.4 milligrams in 1990. Philips’s new lamp contains less than 10 milligrams of mercury. The new lamp, named ALTO™, relies on a “buffering mechanism” that blocks the physical and chemical reactions that cause the mercury to lose its effectiveness over time. The lamp also uses a new form of phosphorus patented by Philips.

*From “Philips Unveils a Fluorescent Lamp With Less Mercury and a Long Life,” Wall Street Journal, June 9, 1995*

## Recycling Your Fluorescent Lamps

Several Wisconsin companies are in the business of recycling fluorescent lamps and incandescent bulbs. The copper coils, and aluminum or brass end pieces are smelted and reused as raw materials for non-food products. The glass can be purified

and used to make fiberglass. The mercury is distilled from the phosphor powder and reused in new lamps and thermometers. State hazardous waste regulations prohibit businesses from disposing of waste lamps and light bulbs in sanitary landfills if those lamps and bulbs contain levels of heavy

metals that exceed hazardous waste limits. For information on the storage, collection, and transport of fluorescent lamps, please see the informational handout, "Recycling Your Fluorescent Lamps," in the "Resources" section of this sourcebook.

### Types of Bulbs and Lamps that Contain Mercury

- ◆ **Fluorescent Lamps** - the tube-style were first used as overhead lighting in offices, now they also come in compact globe shapes for a variety of home and office uses
- ◆ **Mercury Vapor Lamps** - the first high intensity discharge (HID) lamps with blue-white light, originally used as farmyard lights
- ◆ **Metal Halide Lamps** - newer, more efficient HID lights found in homes and offices
- ◆ **High-Pressure Sodium Vapor Lamps** - white-yellow HID lights used for street lamps and outdoor security lighting
- ◆ **Neon Lamps** - brightly colored lamps typically used in advertising; most colors contain mercury except red, orange, and pink

- *From the Wisconsin Recycling Markets Directory*

## Mercury Product Focus: Switches

- ✓ Oscillators
- ✓ Phanatrons
- ✓ Rectifiers
- ✓ Wetted reed relay/wetted reed switch: test, calibration, measurement equipment (used where stable contact resistance over the live of the product is necessary. For specialized equipment - mass produced applications do not need)

### Displacement/Plunger Relays:

Mercury to Steel or Tungsten Contact; Mercury to Mercury Contact

- ✓ high current/voltage lighting
- ✓ power supply switching
- ✓ resistance heating
- ✓ tungsten lighting
- ✓ welding

### Tilt Switches

Including SPST, SPDT, NO, NC, wide angle, omnidirectional, circuit board mount

- ✓ “silent” wall switches, single pole and three way (believed to be totally discontinued in 1991)
- ✓ airflow/fan limit controls
- ✓ building security systems (tilt and trembler devices)

- ✓ chest freezer lid switches (for light)
- ✓ cameras (still, video, film: overridable position sensor to protect CCD from sunlight damage)
- ✓ fire alarm box switch
- ✓ fluid level control (mounted on float, on lever arm, on diaphragm or on plunger)
- ✓ greenhouse louver positioning devices
- ✓ laptop computer (screen shut-off when closed)
- ✓ portable phone (mute/privacy switch when phone is in horizontal position)
- ✓ pressure control
- ✓ temperature control
- ✓ washing machine lids (for spin-cycle shut-off)

Another source of mercury that educational institutions may encounter is mercury switches. A small electrical switch may contain 3,500 milligrams of mercury; industrial switches may contain as much as eight pounds of mercury. Mercury is used in temperature-sensitive switches and in mechanical switches. The mechanical (tilt) switches are activated by a change from a vertical to a horizontal position. These are used in products like thermostats and silent switches. Mercury-containing tilt-switches may also be present in or under the lids of clothes washers and chest freezers - they stop the spin cycle or turn on a light. Mercury tilt switches are also found in

motion-sensitive and position sensitive safety switches in clothes irons or space heaters. If a mechanical switch is not visible in these items, a mercury switch is probably being used.

Mercury tilt switches have been used in thermostats for more than 40 years. According to Honeywell, Inc., a major manufacturer of thermostats, more than 50 million mercury-containing thermostats have been sold since the 1950s for use in homes and offices. Mercury in these thermostats provide accurate and reliable temperature control, require little maintenance, and do not need a power source. However, each mercury switch in a thermostat contains about 3 grams of mercury. (There may be one or more of these switches in a single thermostat, each switch in a sealed glass bulb.) Alternatives to these products include electronic thermostats, which can be programmed to set room temperatures at predetermined times. (*blue brochure: the waste connection*)

Float control switches may be used in septic tank and sump pumps to turn the equipment on and off when water is at a certain level. Often, these switches are visible. Temperature-sensitive switches may be used in thermostats. Yet another type of mercury switch, the plunger or displacement relay, is used in high current, high voltage applications that could include lighting, resistance heating, or power supply switching (M2P2).

**Reduction Works!**

Honeywell Corporation has been running a free take-back program in Minnesota to collect any brand of used mercury-containing thermostat through either a reverse distribution system or a recycle by-mail system.

Honeywell works with heating, ventilating, and air-conditioning (HVAC) wholesalers who sell their products. Honeywell has one

license (called a network license) for all the wholesalers who are participating as a consolidation point for the thermostats. HVAC wholesalers contact their Honeywell customer service representatives to order containers for used thermostats, and Honeywell sends the wholesaler a plastic container with an attached lid that holds 100 thermostats.

Homeowners who replace their own thermostats without contractor assistance or with contractors who are not currently participating in the Honeywell program may recycle their thermostats through the free recycle-by-mail system. These individuals can call a toll-free number to receive a free postage paid thermostat mailer.

**Mercury Switches in Electrical Applications**

*(source: Michigan Mercury Pollution Prevention Task Force, 1996)*

Switch	Quantity of Mercury	Available Alternatives
<b>Tilt Switch</b>		
· Thermostats	3,000 - 6,000 mg	Electronic type and snap switches
· Float Control (septic tank and sump pumps)	?	Magnetic dry reed switch, optic sensor, or mechanical switch
· Freezer Light	2,000 mg	Mechanical switch
· Washing Machine (power shut off)	2,000 mg	Mechanical switch
· Silent Switches (light switches prior to 1991)	2,600 mg	Mechanical switch
<b>Thermo-Electrical Applications</b>		
· Accustat ("mercury in glass thermostat," a calibrated device resembling a thermometer is used to provide precise temperature control for specialized applications)	~ 1,000 mg	?
· Flame Sensor (used in residential and commercial gas ranges, mercury is in capillary tube when heated mercury vaporizes and opens gas valve or operates switch. Used for both electrical or mechanical output.)	2,500 mg	Hot surface ignition system for devices or products that have electrical connections.



## Mercury Product Focus: Gauges-Manometers, Barometers, and Vacuum Gauges

*(from blue waste connection pamphlet)*

Educational institutions may encounter liquid mercury in the gauges found in manometers or vacuum gauges. The mercury in these gauges responds to air pressure in a precise way that can be calibrated on a scale. Mercury-free alternatives to these gauges operate on the same principle as these gauges but use mercury-free liquids in the tube.

Needle or bourdon gauges operate under a vacuum with a needle indicator. Electronic gauges can be used to measure pressure, but they must be calibrated with a mercury manometer. Equipment manufacturers recommend that service technicians use a needle or digital gauge to test the systems they are servicing, but that they calibrate the gauges they use in the field with a mercury manometer kept at their shop.

Mercury manometers occasionally need servicing to maintain their accuracy, and elemental mercury often remains as a waste. If the manometer is hard to read because of dirt and moisture in the tube, the mercury needs to be removed and replaced.

## Mercury Product Focus: Mercury-Containing Thermostat Probes (also known as mercury thermocouples)

*(from blue waste connection pamphlet + draft text)*

- ✓ Some infrared heaters (Robertshaw and Harper-Wyman)
- ✓ Some furnaces (White Rodgers) Stainless steel bulb, capillary tube, bellows/control device: Used for “unsupervised burners” in certain gas fired devices with standing pilot or electronic ignition pilot.

Mercury-containing thermostat probes may be found in several types of gas-fired appliances that have pilot lights such as ranges, ovens, clothes dryers, water heaters, furnaces, or space heaters. The metal probe consists of a metal bulb and thin tube attached to a gas-control valve. The mercury is inside the tube and expands or contracts to open and shut the valve. A high percentage of gas stoves, ovens, and space heaters contain a mercury thermostat probe. Electric stoves and hot water heaters (gas, electric, and oil) may contain mercury thermostat probes. Although non-mercury thermostat probes have been used in these appliances, you should treat all probes as though they contain mercury, unless you know that they do not.

Mercury thermostat probes, also known as flame sensors or gas safety valves, are most commonly present as part of the safety valve that prevents gas flow if the pilot light is not lit. In this application the bulb of the thermostat probe projects into or near the pilot light. These are commonly present in gas ovens and may be present in any other appliance with a pilot light.

A mercury-thermostat probe may also be present as part of the main temperature controlling gas valve. In this application, the probe is in the air or water that is being heated and is not directly in contact with any flame. These are typically found in older ovens, clothes dryers, water heaters, or space heaters.

## Mercury Product Focus: Thermometers

- ✓ ASTM and laboratory
- ✓ Incubator/water bath
- ✓ Mason’s Hygrometer
- ✓ Maximum registering
- ✓ Sling Psychrometer
- ✓ Minimum/maximum
- ✓ Tapered bulb (amored)
- ✓ Weather

Digital or aneroid thermometers are good alternatives for most applications of mercury thermometers.

## Mercury Product Focus: Thermo-electric Devices

Mercury column movement opens and closes an electrical circuit at a preset or adjustable setpoint.

- ✓ Mercury in glass thermal switch with integral or remote mounted solid state control
- ✓ Mercury in glass thermostat tubes and devices

Tube is thermometer-like device; mercury column opens and closes circuit via metal contacts. 1, 2, or 4 tubes used in conjunction with relay control device. Mercury-thallium models for temperatures to  $-60^{\circ}\text{C}$ .

- ✓ Thermoregulator

An adjustable mercury in glass device with an electrical output dependent on the position of the mercury column

## Who should get involved in a mercury reduction program in your school?

Because mercury appears in so many different locations in an educational institution, it takes a team effort to reduce or eliminate its use. Both students and staff can participate in this effort.

Students may wish to help with educational campaigns. Staff that could be involved in a university setting include physical plant HVAC contractors, painters, carpenters, and housekeeping staff and maintenance personnel; the purchasing department; any associated hospital staff; food service personnel (check out the “food service/processors” chapter) and chemistry departments.

You may wish to set up a mercury reduction display in your cafeteria to help educate a wide audience. You also may consider articles in newsletters, stories in your school paper, and updates that include annual reports and statistics of your program.

## MERCURY SPILLS

It is essential to handle mercury and mercury-containing items safely. Small droplets of spilled mercury may lodge in cracks and sinks, mix with dust, accumulate on work surfaces, and adhere to knit fabrics, shoe soles, watches, gold, and other jewelry. This allows for mercury to potentially be transported to other locations, homes, or businesses.

### The Costs of Mercury Spills

Mercury spills can be expensive for a number of reasons. Here are some examples:

#### The Cost of Clean-up

- ◆ A mercury-containing sphygmomanometer broken on a carpeted floor at Butterworth Hospital cost \$2000 to clean up.

#### Labor costs

- ◆ It took Riverside Hospital 8 to 16 hours to clean up a mercury spill (the mercury had fallen in tile crevices).

#### Facility Down-Time

- ◆ The room in which a mercury spill occurs will be unavailable for use until the site is decontaminated. Riverside Hospital found that their room was out of service for at least one day.

#### Equipment Loss

- ◆ A mercury-containing switch in an oven in a University of Michigan Hospital cafeteria exploded. It cost \$3500 to clean up the spill. The oven, a \$25,000 piece of equipment, was irreparably damaged.

#### Training Time

- ◆ Continuing to use mercury containing items can be expensive for your facility because of the needed staff training for spill response plans. However, if you are still using mercury-containing products, don't neglect this important step! An improperly handled spill can end up costing even more to decontaminate.

### **Handle Mercury Safely!**

- ✓ Use mercury only in uncarpeted, well-ventilated areas. Provide troughs on smooth surfaced tables and benches to collect mercury spills. Reserve the room for mercury use only; restrict traffic in the area.
- ✓ Ask workers to remove all watches and other jewelry - especially gold jewelry since mercury readily combines with gold - and have them wear a mercury vapor respirator and protective clothing: gloves, disposable gowns, and shoe coverings.
- ✓ Prohibit smoking, eating, and drinking in the area.
- ✓ Train all workers to understand the properties and hazards of mercury and to carry out safe handling procedures and specific policies related to mercury disposal.
- ✓ Clean and calibrate all mercury-containing equipment according to the manufacturer's recommended handling procedures and the formal procedures posed by your communications or safety program supervisors.
- ✓ Ask your safety supply vendor for a mercury vacuum sweeper and spill cleanup kit. Having the right equipment on hand will limit the amount of mercury released into the atmosphere.

- From "The Case Against Mercury: Rx for Pollution Prevention," The Terrane Institute

## CASE STUDY: NORTHLAND COLLEGE

In 1994, the National Wildlife Federation suggested creating a “Zero Discharge” model campus at Northland College, in Ashland, Wisconsin. Northland’s administration supported the proposal because it paralleled the college’s environmental mission.

Zero Discharge refers to the elimination of releases of designated persistent bioaccumulative toxic chemicals to the environment. Mercury has been designated as one of those chemicals. An Environmental Issues Seminar Class studied the feasibility of attempting “zero discharge” for their campus. The students set about to answer the following questions: Is mercury brought on campus? How does it leave? What are the alternatives to this use? What are the costs of these alternatives?

Here are some of the conclusions from their Zero Discharge Campus Proceedings:

1. Organizational issues involving the establishment of a Zero Discharge Plan and its implementation were consistently identified as the key challenge to achieving zero discharge.

The key appears to be having the community define what “zero discharge” will be for their campus in terms of activities and operations, rather than simply measuring what is coming out the discharge pipe.

2. It is important to have a multi-stakeholder coalition forward a Zero Discharge Plan. Each constituency has a role — the administrators for follow-through, the faculty for education and inspiration, the operations staff for making the plan real, the students for making it happen, and the POTW operators for providing community support. Again, in order for a Zero Discharge Plan to be successful, it must be the product of a community effort. In particular, the operations staff should be included from the start.
3. There is a need to centralize the handling of chemicals or other aspects of the

implementation of a Zero Discharge Plan. A critical distinction is that there must be control or discretion in the day-to-day implementation. This autonomy allows smaller groups to become invested in the effort and “score a win” for the plan. In fact, many people felt that it is the cumulation of these “small wins” that will mark the true success of a Zero Discharge Plan.

4. A final running theme of the discussions centered on the utility of having a mission statement for the campus which incorporates the college’s duty to be an environmental steward. First, it informs the members of the campus community and the public that environmental responsibility is one of the defining traits the organization seeks to uphold. Second, it encourages the community to bring forward proposals that make the research, education, and operations of the campus incorporate environmental stewardship. Clearly, the existing, strong environmental mission of Northland College facilitates its effort of becoming a Zero Discharge Campus.

The students wrote a paper, “Could Northland College be the First Zero Discharge Campus?” and they also held a conference. Check out their web page at <http://www.great-lakes.net:2200/0/partners/NWF/campus/>. It’s fantastic!

## ACTION STEPS FOR EDUCATIONAL INSTITUTIONS TO CONSIDER

### Pollution Prevention

- ✓ In science experiments and laboratories, consider the use of video tapes to demonstrate the chemical principles and phenomena associated with mercury.
- ✓ Replace mercury-containing compounds or reagents in your laboratories with mercury-free alternatives
- ✓ Substitute zinc air or silver oxide batteries for your mercuric oxide (mercury-zinc) batteries.
- ✓ Use safe, non-mercury cleaners and degreasers in labs, housekeeping departments, and maintenance areas.
- ✓ When remodeling or replacing old equipment, replace thermostats containing mercury switches with thermostats containing electronic type and snap switches, and replace “silent” light switches with mechanical light switches.
- ✓ Purchase septic tank and sump pumps that contain magnetic dry reed switches, optic sensors, or mechanical switches instead of mercury tilt switches.
- ✓ Research your use of plunger or displacement relays (used in high current/high voltage applications including lighting, resistance heating, power supply switching); consider replacing these relays with mechanical switches.
- ✓ Examine use of other mercury-containing products in your facility and consider the alternatives for these:
  - generators
  - high intensity lamps
  - manometers
- ✓ Purchasing departments need to know the cost of alternatives and the suppliers for the alternatives. They should consider disposal costs when evaluating a product; total product cost should include disposal costs and costs for cleaning up accidents.
- ✓ Consider the use of an Administrative Directive, either formal or informal, to end the purchase of mercury-containing products.

### Recycling

- ✓ Establish a battery collection program.
- ✓ Continue to use fluorescent lamps! Even though fluorescent lamps contain mercury, they are a good choice because they use much less energy than regular bulbs. Consider the use of low-mercury fluorescent lamps; recycle your fluorescent lamps currently in use. Try not to break these lamps because some of the mercury will escape into the air.
- ✓ Recycle or dispose of mercury-containing products in your facility in an environmentally sound manner.

## Good Management Practices

- ✓ Label instruments containing mercury.
- ✓ Be sure students and workers are familiar with the laboratory's policies on the proper disposal practices when working with mercury solutions in a laboratory.
- ✓ Follow proper procedures when cleaning or refilling instruments that contain mercury. Instrument cleaning or refilling should take place in a well ventilated area, and, if possible, over a tray to contain any spills.
- ✓ Establish effective spill response measures to ensure the mercury already in your school is handled in a safe and proper manner. To minimize the risk of an accidental spill, never handle mercury over a sink. The educational program for spill prevention and cleanup should be visual and simple. You may want to consider a video.
- ✓ Clean or flush the traps, sumps, and pipes in your sewer lines to rid your facility of historical uses of mercury. See excerpts from the MWRA/MASCO Infrastructure Subcommittee Maintenance Guidebook that appear in the "Resources" section of this sourcebook for more information.

## SAMPLE PROCLAMATION

*Your school may wish to formally declare your commitment to mercury reduction. You may use the proclamation below, or adapt it to suit your needs.*

WHEREAS mercury is an elemental substance, that once released into the environment, easily and rapidly changes forms to several organic and inorganic states that transfer from soil to air to water and back again;

WHEREAS the organic form of mercury, methylmercury, bioaccumulates in aquatic ecosystems to magnify concentrations in animal tissue in increasing degrees up to 10,000,000 times;

WHEREAS methylmercury, the most toxic form of mercury, can affect the reproductive efforts of top predators in aquatic environments such as loons, otters, mink, and panthers;

WHEREAS the neurotoxic effects of high levels of methylmercury poisoning in humans has been established, and low-level doses of methylmercury consumption can potentially effect human health, especially that of a fetus;

WHEREAS elemental mercury is a highly toxic substance which can vaporize easily and cause both acute and chronic health effects including severe respiratory irritation and damage to the central nervous system;

WHEREAS mercury has been identified internationally as a toxic substance of concern, and mercury contamination has led to fish consumption advisories for more than 235 lakes and 350 miles of rivers in Wisconsin;

WHEREAS the majority of mercury entering Wisconsin comes from anthropogenic sources, and one-quarter of these emissions are the result of the purposeful use of mercury;

WHEREAS mercury is used widely in consumer and industrial products, where, in most cases, alternative, mercury-free products are available;

WHEREAS pollution prevention or product substitution is a progressive approach to protecting the environment that eliminates or minimizes the generation of mercury-bearing waste, making it one of the most favorable strategies for maintaining a clean environment;

WHEREAS pollution prevention for mercury can help environmental conditions, as well as protect the health and safety of workers;

WHEREAS recognizing mercury minimization as an active opportunity to improve the environment of Wisconsin and the environment of our business, we, the undersigned, do hereby declare our business to be a mercury minimization participant;

WE commit to research the following mercury minimization opportunities in our facility and implement those we find most feasible:

### **Pollution Prevention**

- ◆ In science experiments and laboratories, use video tapes to demonstrate the chemical principles and phenomena associated with mercury.
- ◆ Replace mercury-containing compounds or reagents in your laboratories with mercury-free alternatives
- ◆ Substitute zinc air or silver oxide batteries for mercuric oxide (mercury-zinc) batteries
- ◆ Use safe, non-mercury cleaners and degreasers in labs, housekeeping departments, and maintenance areas
- ◆ Replace mercury-containing thermostats and switches with mercury-free alternatives when remodeling or replacing old equipment
- ◆ Purchase septic tank and sump pumps that contain magnetic dry reed switches, optic sensors, or mechanical switches instead of mercury tilt switches
- ◆ Examine use of other mercury-containing products in our school and consider the alternatives for these: generators, high intensity lamps, manometers

### **Recycling**

- ◆ Establish a battery collection program
- ◆ Recycle fluorescent lamps
- ◆ Recycle or dispose of mercury-containing products in an environmentally sound manner

### **Good Management Practices**

- ◆ Label instruments containing mercury
- ◆ Familiarize students and workers with the laboratory's policies on the proper disposal practices when working with mercury solutions in a laboratory
- ◆ Follow proper procedures when cleaning or refilling instruments that contain mercury
- ◆ Establish effective spill response measures to ensure the mercury already in your facility is handled in a safe and proper manner.

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Facility

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Name

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Date Signed



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## *Current Mercury Work – Educational Institutions*

Specific Outreach/Research	
<b>Project:</b>	<i>“Cool It” Program</i>
<b>Description:</b>	National campus outreach program focusing on transportation and campus procurement policies
<b>Agencies working on this project:</b>	MWF
<b>Project:</b>	<i>Groundwater Education in Michigan Program</i>
<b>Description:</b>	Initiating pollution prevention strategies for batteries, fluorescent tubes, and chemicals on campus
<b>Agencies working on this project:</b>	Michigan Technical University - Houghton
<b>Project:</b>	<i>Northern Michigan University Waste Flow Reduction and Consolidation Project</i>
<b>Description:</b>	Reduction and consolidation of waste flows from main campus and university medical facility
<b>Agencies working on this project:</b>	Northern Michigan University - Marquette
<b>Project:</b>	<i>Northland College - Zero Discharge Campus</i>
<b>Description:</b>	Education, pollution prevention, and sustainable development for reducing and eliminating toxic substances
<b>Agencies working on this project:</b>	NWF Northland College